



January 2018



WISHING ALL OUR MEMBERS AND THEIR FAMILIES A JOYOUS HOLIDAY AND A HAPPY NEW YEAR

Many thanks to **Carol Eyre** for sharing her home for our delightful <u>Winter Party</u>. We had a grand time with food from Bella Affair and piano music by Tim Callicrate. Our server was Victoria Martin, a 2016 Tech Trek camper. We also want to thank Carol's committee Johnnie Lee, Linda Larish, and Meri McEneny. Dana Loury was also a big after-party helper. Thanks to all of you.

Have you been thinking about New Year's resolutions yet? If you are thinking of health and fitness, be sure to add the **January general meeting** to your plan. It will be held at the <u>Tahoe Yacht Club</u> on the **11th at 1 pm**. The program is from the <u>Tahoe Forest Wellness</u> <u>Neighborhood and Center for Health</u>. Presenters are Maria Martin and Wendy Buchanan.

We also hope that AAUW is part of your resolutions for the New Year, whether it is attending more general or interest group meetings, or a willingness to take part in the leadership of the branch. It is already the time of the year for the nominating committee to start its search for the slate of officers to start July 2018. Being part of the Leadership Team is a great experience. Don't be shy!

AAUW California will start off the New Year with a revote on the change to a Public Benefit Corporation. The September 2017 member vote failed because of 26 "No" votes. Although 99% of votes were "Yes", it was not enough. Our state's corporate regulations **require a unanimous "Yes"** vote to change the status of a corporation. AAUW California will conduct a revote **January 9-11, 2018** in hopes of avoiding costly and time-consuming legal options. We encourage you to read the updated Frequently Asked Questions on the AAUW California website [http://www.aauwca.org/articles-incorporation-revote]. Look for your ballot in your email or mail. We recommend you **vote "Yes"** in order to allow our California organization to comply with National AAUW requirements.

Jan Potter | 775.831.1329 <u>brickpot@yahoo.com</u> Patricia Watters | 530.583.4780 <u>pwrl@aol.com</u>

BRANCH LEADERSHIP MEETING

All members are welcome to attend branch leadership meetings. The next leadership meeting will be Thursday, **January 11th**, 10 AM at Meri McEneny's home in Carnelian Bay.

Approved meeting notes are available under "Communications" on the branch website. You will also find a list of officers and branch leaders on the website at

https://northtahoe-ca.aauw.net/about/branchleadership/

OPEN POSITION ON LEADERSHIP TEAM

Our current financial officer, Ruth Arizaga-Whisler, will finish her term on June 30th, 2018. The Leadership team is looking for a candidate to shadow Ruth at the beginning of the year to become familiar with the position.



Summary of Financial Officer's Duties:

1. Branch banking

2. Send membership checks to AAUW CA and National with branch dues report

3. As needed, make additional dues report as new members join

4. As donations arrive, record and send to designated party: Tech Trek, American Legion etc., with necessary information.

5. Prepare monthly Financial report for Leadership Team

6. Once a year:

- Send branch annual report to AAUW National
- Prepare annual budget with Leadership Team
- File income tax with AAUW national
- File e-card CA income tax
- Pay insurance and PO box rent

GENERAL MEETING



Please plan to join us at the <u>Tahoe Yacht Club</u> at **1 pm on January 11th** for a talk by <u>Maria Martin</u>, MPH, RDN, Director of Community Health and Wellness and Care coordination; and <u>Wendy Buchanan</u>, MS, Director of Wellness Services. They will talk briefly and then answer any and all questions.

The <u>Wellness Neighborhood</u> (WN) program was established in 2012 to address community health needs by developing a community-based and collaborative system of care to improve population health in the High Sierra region. It is part of the <u>Tahoe</u> <u>Forest Health System</u> that also includes Tahoe Forest Hospital, Incline Village Community Hospital and Gene Upshaw Memorial Tahoe Forest Cancer Center.

WN features a multi-layered program of communitybased interventions to improve health by promoting health supportive behaviors for all ages, ethnicities and geographic areas of the region. It revolves around but is not limited to the following:

EAT: Create A Plan, Find Support, Feel Great!

<u>MOVE:</u> There is something for everyone with a full spectrum of classes and programs to get you moving, keep you moving and help you stay energized!

<u>MOTIVATE:</u> You Don't Have To Do It Alone! *Get The Support You Need To Move Ahead And Achieve Your Health And Wellness Goals!*

<u>RESTORE:</u> Health And Well-Being Is More Than What You Eat And How Much You Move. We Empower Our Clients To Seek Ways To Live A Balanced Life.

<u>COORDINATE:</u> Serving The Needs Of The Patient And Their Family

This meeting is open to family, friends and the general public. Please join us. The <u>Tahoe Yacht Club</u> is located at **700 N Lake Blvd**, Tahoe City.



HOLIDAY PARTY

Our Winter Party was held on <u>December 14th</u> at the beautifully decorated home of <u>Carol Eyre</u> in Incline Village. A good time was had by all. Don't miss the photos posted at the end of this newsletter. Thank you, Carol, for organizing and hosting a wonderful party!



As reported in last month's newsletter, our branch was granted **5 camper spots** at the UC Davis Tech Trek camp on July 22-28, 2018, rather than the 6 spots we've maintained the last several years. I am grateful we have 5 spots! We are limited to 5 girls because there are more requests for camper spots at UCD from branches with larger school districts. There are no plans for a new camp.

I have received the large registration/information packet for the 2018 camp from AAUW-CA coordinators. The week of December 20, I will deliver the nomination forms and criteria to our invaluable 7^{th} grade teachers Lindee Eckert, Math, and Lisa <u>McCready</u>, Science. Lindee and Lisa accepted our invitation to attend the Holiday party last week at Carol Eyre's lovely home in Incline, and it was wonderful to enjoy the food and friendship with them while discussing timeline, forms and ideas about TT 2018. I hope some of you met Lisa and Lindee at the party. They only spent about an hour at the party, it was after all a school night!

They will begin the nomination process while on their Christmas break, and submit <u>10 nominations</u> to me by mid-January 2018. In January, the 10 nominated girls will meet with me as a group at school during lunchhour, hear a bit about AAUW, our North Tahoe branch, Tech Trek, and the application process. At that meeting, forms will be distributed to those girls interested in applying for the UC Davis camp in July.

<u>STEM Trek Day</u> plans will start firming up in January, so stay tuned for more on the impressive presenters we plan to showcase to all nominated Tech Trek girls at our 2018 STEM Trek Day in June.

Meri McEneny- <u>mmceneny@gmail.com</u> Tech Trek Coordinator



After much confusion, AAUW-NT is now assured by the American Legion Auxiliary that <u>North Tahoe High</u> <u>School has a spot</u> for the **2018 Girls State Week** along with South Lake High School. We will be working through the ALA South Lake Branch as in previous years. In January, we will paper the school with posters promoting the event for High School juniors and hold interviews in February.

Christine and Johnnie Lee wish to THANK all our AAUW-NT members for their words of support and their donations to this worthy event.

INTEREST GROUPS



BOOK GROUP

Book Group will be meeting at the Tahoe Yacht Club for the Tuesday, **January 30**th meeting in Tahoe City. We will be reviewing "<u>The Power of One</u>" by Bryce Courtenay. Our moderator will be Ann Coonz, Jan Potter will bring treats. We meet from noon until 2PM. Bring your lunch and a beverage. Members will receive a reminder one week prior to the meeting. We meet on the last Tuesday of each month. Book Group wishes all a happy and healthy holiday season.

Linda Schwoob- lschwoob@yahoo.com



BRIDGE

In November, Ellen Magnani hosted 3 tables of bridge at the Tahoe City Yacht Club that were enjoyed by all.





On **December 27th**, Barbra Briggs will host Bridge in her always beautifully decorated home with her 14+ ft Christmas tree. She does not have email so please call her at <u>530 546-5120</u> whether you can or can't come.

The January Bridge meeting will be at the home of Rose and George Orenstein on Wed. **January 24th** at the suggested time of **1-4 p.m**. Please let them know if you can or cannot come ASAP by

emailing <u>rlorenstein@gmail.com</u>, or calling <u>530 546-</u> <u>2559</u>. They can give you the code to the Brockway Community gate and there is plenty of parking. It is a short distance from my house. Weather permitting, I enjoy walking so if anyone is interested, they can park at my house and walk with me.

HAVE A WONDERFUL HOLIDAY SEASON AND 2018 along with good bridge- Enjoy, and call me if you have any questions.

Sue DeVoe- devoetahoe@gmail.com 530-546-5120



FRIDAY NITERS

Here are the upcoming EVENTS for this fun group which is open to everyone within our AAUW NT family. . .and friends (but no pets). It is "bring your own drinks" as usual.

<u>Chinese New Year</u> (which officially begins February 16th) will be celebrated by Friday Niters on <u>Saturday, January 27th</u> from 5pm on at the home of Johnnie Lee and Skip Don in Incline Village. It is the

Year of the Dog and there is to be wearing of Reds and Golds. Please call (775-832-8089) or email <johnnieleedon1@gmail.com> to get ideas about what food item to contribute to the party by <u>Monday</u>, January 22nd.

<u>Mardi Gras</u> (which officially begins February 13th) will be celebrated by Friday Niters on <u>Saturday, February</u> <u>24th</u> from 7pm on at the home of Gil and Linda Larish in Incline Village. There will be wearing of Greens, Purples, and Golds; prizes for originality and other criteria TBA, and a Photo Op. Please RSVP by phone (775-832-8089) or e-mail <ljohnnieleedon1@gmail.com> again, to get ideas as to what hearty appetizers to contribute to the party by <u>Monday, February 19th</u>.

St. Patrick's Day (which is officially March 17th) will be celebrated on **Saturday, March 17th**. See, we did get one thing right! Obviously Green is the color of the evening. More info to come.

Arbor Day (which is officially April 27th) will be celebrated on **Friday**, **April 27th** with a casual luncheon for the ladies. Less obviously, tree colors are de rigor. More info to come.



The hostesses for January are: Allen, Briggs/Ginocchio, Cirata, Cline, Don. Please call your guests as soon as possible because the Feb/ Mar group is right behind you. Remember, if dinner dates are complicated, lunch or brunch is always welcome. Good luck!



GREAT DECISIONS

We will not be meeting in January 2018. The new book delivery was delayed and you will not receive one until the middle of January. You will be contacted when the new books arrive.

We meet on the third Tuesday of each month, therefore our first meeting of the new year will be on Tuesday, **February 20th**, at the <u>Tahoe Yacht Club</u> from **10 AM until noon**. We wish you all a wonderful holiday season.



INSTITCHES

Happy New Year!!! Our January meeting will be held at the home of Carol Eyre at 2 pm on January
17. Please RSVP to Carol by January 15th if you are able to attend. Her contact information is carolcevre@aol.com.

Directions will be sent out about a week before our get together. Remember to bring your latest project. Hope you can all attend.

Nancy Cline- nhcline@gmail.com



Membership Memo. If you have friends or family members you would like to have joined our branch, please pick up our new member applications that are available at our meetings right next to the nametag boxes. If you would like a new member packet between meetings, contact either Cheryl Allen (<u>cherylkallen@cs.com</u>) or Ginger Wilson (<u>wilson_virginia@att.net</u>), and they will cheerfully email or snail-mail a membership packet to you or the prospective new member. Member applications are also available on our website. https://northtahoe-ca.aauw.net/about/membership-

information/

Member listings. Contact information for current members is available in PDF and booklet formats at http://northtahoe-ca.aauw.net/members/.

Please contact Dana Loury, our Communications officer, at <u>northtahoeaauw@gmail.com</u> for the password to access the member directory.

Membership Communications.

Please let Linda Larish [llarish@sbcglobal.net] or Sharon Filardo [spfilardo@aol.com] know about any member news that should be recognized with a card or note from our branch.

North Tahoe AAUW website:

https://northtahoe-ca.aauw.net/

AAUW California website:

http://www.aauw-ca.org/ User name: member Password: aauwca (case sensitive)



(Also available on the website at https://northtahoe-ca.aauw.net/calendar/)

DECEMBER

27: Bridge Group

JANUARY

- 11: Leadership Meeting and General Meeting
- 17: InStitches
- 24: Bridge Group
- 27: Friday Niters
- 30: Book Group

2017 HOLIDAY PARTY AT CAROL EYRE'S HOME INCLINE VILLAGE























